

PACIFIC SCHOOL **Spirituality:** The Great Cleanser

Decisions / Testimonies of Healing

1937	The Way Out of the Matter Trap Bryan G. Pope
1941	Understanding Spiritual Definitions Heals William A. Buell
1944	Scripture's Sweet Similes (Poem) Beulah M. Roegge
1945	The Hallowed Name Erika Gladhorn
1948	Living Our Gratitude Ruth H. Poyser
1951	Man's Completeness Manifested Humanly John W. Power
1954	Decisions Georgiana Lieder Lahr
	FOR CHILDREN
1957	Ginger's Story Barbara G. Gerardi
	EDITORIALS
1959	The Truth of Concentration
1961	Spirituality: The Great Cleanser
	TESTIMONIES AND FEATURES
1965	Testimonies of Christian Science Healing
1974	Words of Current Interest
1975	Christian Science Lectures
1979	Letters to the Press
	=

[Healing experiences in Sentinel articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy, Author of the Christian Science Textbook, Science and Health with Key to the Scriptures



Marca Registrada

Christian Science Sentinel. Published weekly by The Christian Science Publishing Society, One Norway Street, Boston Massachusetts, U.S.A. 02115. Second-class postage paid at Boston, Massachusetts. The design of the Cross and Crows seal is a trademark of The Christian Science Board of Directors, registered in the United States and other countries. Used by permission. Subscription price, postpaid to all countries, one year, \$17.50; six months, \$8.75, single copy, 50 cents



"What I say unto you I say unto all, WATCH." Jesus

# The Way Out of the Matter Trap

BRYAN G. POPE

If Christianity did not mean that there is far more to life than a short span of mortal existence, its teachings would be comparatively worthless. The Apostle Paul put it pungently this way: "If Christ be not risen, then is our preaching vain." <sup>1</sup>

The question is: How can we recapture that soaring, joyous certainty of spiritual life forever "hid with Christ in God"? <sup>2</sup> So much more than hopeful beliefs, this spiritual certainty enabled the apostles to face unflinchingly difficulties of many kinds—even death; it enabled hundreds of others to do likewise in the amphitheaters of Rome. Two words provide the key: spiritual understanding.

Humanity seems to have stockpiled an overplus of material knowledge, which it is almost completely at a loss to know how to control. But very few really believe it will ever be possible, even if it were wise, to genetically manipulate or chemically rejuvenate the mortal body so that it will live forever. Everyone in his heart of hearts, if

he has not already found a satisfactory answer, naturally wonders what hope he has of continuing to be when the body finally returns to the dust from which it came. "Darkness and doubt encompass thought, so long as it bases creation on materiality," states Mary Baker Eddy, the Discoverer and Founder of Christian Science. And she asks, "From a material standpoint, 'Canst thou by searching find out God?' "3

What first needs to be done is to convert ineffectual wondering into active searching-not within matter, but away from it, in the ever-present but as yet little understood realm of Spirit, God. It is necessary to realize that the physical senses cannot tell us all the answers; in fact they cannot tell us any of the really significant answers because these senses depend on temporary formations of matter, without which they would not and could not exist. What other sense is there? Spiritual sense. We may not think we have it, but a little honest effort can prove otherwise.

What, for instance, can spiritual sense begin to tell us about Jesus and his teaching? Plenty of people in his day apparently did not want to understand what he taught. Indeed, what Jesus did with what he taught was so violently disturbing to the earthbound thinking of some of the materialistic officeholders of his day that they felt they had to go to drastic lengths, even to the ultimate cruelty of

crucifixion, to get him out of the way.

There were others who, listening with the inward as well as the outward ear, perceived in greater or lesser degree what Jesus' teaching really meant. Looking beyond the hitherto all-pervading testimony of the physical senses, they glimpsed in him and in the works he did another dimension—the spiritual—which not only compelled their attention but also impelled them to lay their human lives at his feet. According to the Bible, Christ Jesus saw certain fishermen casting their net and said, "Follow me." <sup>4</sup> Incredibly, they did. Why?

Peter provides the answer. At a later date, when a great many had turned away, disappointed with a Messiah whose kingdom was clearly not to be of this physical world, Jesus asked the Twelve, "Will ye also go away?" Peter replied, "Lord, to whom shall we go? thou hast the words of eternal life." 5

Those "words of eternal life"—the most precious the world will ever know-are still as meaningful as ever. Christendom had long lost the application of Jesus' sayings to many of the problems of human existence when Mary Baker Eddy, just a hundred years ago, after years of study and prayer, gave back their full meaning to the world through the illumination *Science and Health* casts on spiritual being. Jesus' words apply to every human predicament. But, if we insist on continuing to look into matter for the answers we need, we'll no more see them there than someone who doggedly keeps his eyes tight shut will ever see the light about him. Mrs. Eddy puts it this way: "The harmony and immortality of man are intact. We should look away from the opposite supposition that man is created materially, and turn our gaze to the spiritual record of creation, to that which should be engraved on the understanding and heart 'with the point of a diamond' and the pen of an angel." <sup>6</sup>

How, someone might ask, can we "turn our gaze to the spiritual record of creation"? It is not always easy. The material record seems so real to the physical senses that, if we don't resist, we find ourselves gravitating back to it through habits of thought established

over the years and the mesmeric pull of materiality.

But—as with every worthwhile effort—the more we practice alertness and consecration, the easier they become. When the honest seeker takes the Bible in one hand and *Science and Health* in the other and starts to explore the former with the aid of the latter, he will undoubtedly begin to see an entirely new view of creation, life, and being, which will bring joy and peace to his heart, hope to his awakening thought, and, if need be, healing to his human body. Each can prove this for himself, but only if he really wishes to do so.

What, then, is this new view of creation? It is the view of creation that makes the Bible sing and ring with new meaning. It is the view of Jesus' words and works that lifts one far beyond classifying them as unusual, supernatural interruptions of supposedly God-ordained human history to the realization that they teach and demonstrate spiritual reality and its superiority over what seems so real—the temporary, illusory, ultimately unsatisfying sense of life in matter. It is the view that allows us to see infinite intelligence as the only possible basis of the harmony, symmetry, beauty, and order that shine through the natural world about us. It is the view of man's eternal spiritual selfhood, which, transcending the mortal, gives a new sense of liberty to human thought longing for a way of escape

from its apparent materiality. Finally, it is the view that allows us to apply mighty truths to problems great and small.

Infinite intelligence, which is Spirit, God, fathers and manifests His own creation in His own spiritual likeness. It is not impossibly difficult to see matter, with all its attendant limitations, problems, and highly questionable, constantly changing appearances, as darkness instead of the light of life—quite the opposite of what real being is all about. Why cling to matter as reality when it can lead nowhere? Why not learn how to gain dominion over it, even if only bit by bit?

Jesus never made anything at all of the great variety of physical ills with which he was so often confronted by those desperate for a way out of their difficulties. Healing people's ills, he literally made nothing of them. He knew, so completely, the reality of ever-present, divine, spiritual harmony and his own spiritual relationship to its source, God, that his human self was radiant with the light of it. Healing and regeneration were the perfectly natural aftereffects. Indeed, healing was for Jesus, as it is in Christian Science, a revealing, in some measure, of what man truly is: the perfect, everlastingly beautiful spiritual son of God. beautiful, spiritual son of God.

No money ever minted can buy this understanding, nor can we store it for use when adversity threatens our human lives, neglecting it when the sun shines. There is only one way to obtain and retain it —through spiritual growth. Every article in this magazine has to do with this necessity, which transcends all else.

Human babies take time to understand their material environment; similarly beginners in the understanding of spiritual being need to exercise patience and perseverance. This way may seem very demanding, but there is much encouragement in the fact that the work of God, the creation of infinite, divine, perfect Love, must already be complete, perfect. We are therefore not so much growing up spiritually, as a baby does humanly, as we are in the process of discovering what we inherit from God, our creator—perfect, already established, spiritual being.

Mrs. Eddy did not ignore human problems. For over forty years, in order to share her discovery with us, she faced a multiplicity of difficulties, often compounded by resistance, even open hostility. Knowing how the briars of mortal existence continually seem to

spring up to choke the birth and growth in us of liberating spiritual ideas, she provided through the Manual of The Mother Church

ways and means of escaping mortal mind's clutches.

Neither Christianity nor Christian Science ever offered a struggle-free passage from darkness to light, from misunderstanding to understanding; but they did and do offer the only practical way out of the matter trap—out of the belief that man is but a temporary mortal, doomed to eventual extinction. The opposite direction leads only to doubt, darkness, difficulty, and disaster. By comparison, therefore, the way to the light of spiritual being, although it demands continuing effort, is in the end by far the easier of the two.

The Bible and *Science and Health* are filled with promises sparkling with spiritual light to refresh and invigorate each one of us on this mental journey to discover the real self we often suspect but need to *know* we have. Mrs. Eddy encouragingly writes, "Correct material belief by spiritual understanding, and Spirit will form you anew." <sup>7</sup>

<sup>1</sup> I Cor. 15:14; <sup>2</sup> Col. 3:3; <sup>3</sup> Science and Health with Key to the Scriptures, p. 551; <sup>4</sup> Matt. 4:19; <sup>5</sup> John 6:67, 68; <sup>6</sup> Science and Health, p. 521; <sup>7</sup> ibid., p. 425.

Prospecting for "hidden treasure"

## Understanding Spiritual Definitions Heals

WILLIAM A. BUELL

The old-time prospector for gold was hunting for something that already existed. Obviously the gold had to be somewhere before it could be discovered. It sometimes took perseverance, a willingness to search and search again, before a prospector was rewarded with the discovery of hidden treasure.

The student of Christian Science finds that a consistent search of Science and Health by Mrs. Eddy leads to fruitful exploration of the Bible and reveals treasures untold. The spiritual truth set forth in

Science and Health enables people to read and understand the Bible more clearly and to get infinitely more out of it. People are changed and healed by its ageless ideas. Science and Health presents original, spiritual definitions of many Bible terms that make them efficient tools for scriptural exploration. Their use encourages us in our search into the nooks and crannies of the Bible, revealing the rich veins of precious truth found in God's holy Word.

veins of precious truth found in God's holy Word.

How do these spiritual aids further healing? One way is by defining spiritual ideas scientifically, that is, with spiritual insight and accuracy. Thus they act as signposts to ever clearer understanding and effective application of Christian Science. They also correct erroneous, unscientific reasoning, which would hide from searchers

their treasured birthright as sons of God.

The definitions in the Glossary of Science and Health present the spiritual meaning of Bible terms. Mrs. Eddy says of this chapter: "In Christian Science we learn that the substitution of the spiritual for the material definition of a Scriptural word often elucidates the meaning of the inspired writer. On this account this chapter is added. It contains the metaphysical interpretation of Bible terms, giving their spiritual sense, which is also their original meaning." Because Science and Health presents practical, demonstrable Christianity, it is the guidebook to spiritual facts. So students of Christian Science study both Science and Health and the Bible for

Because Science and Health presents practical, demonstrable Christianity, it is the guidebook to spiritual facts. So students of Christian Science study both Science and Health and the Bible for the spiritualization of their thought. They grow in spiritual understanding by which God's perfection can be demonstrated in healing sin, illness, and decay. Thus they learn to heal themselves and others. Is not spiritual healing the work Christ Jesus did, and requires of us, his followers?

If you were to explore Science and Health for a higher understanding of man, you would come across this startlingly different statement: "Man is spiritual and perfect; and because he is spiritual and perfect, he must be so understood in Christian Science. Man is idea, the image, of Love; he is not physique." <sup>2</sup>

Do you know any such man—a perfect and entirely spiritual man? He is always present, but he needs to be discovered. Through your study of Christian Science you can discover this real man as your true being, your true selfhood. Your discovery of other spiri-

tual ideas revealed by this Science will help you to discard what Paul describes in the Bible as "the old man," that false, material selfhood that ultimately must be found to be unreal.

selfhood that ultimately must be found to be unreal.

Jesus' teachings lead to higher spiritual insight and power. They heal spiritual ignorance. His teachings were often conveyed by illustrations. For example, answering the disciples' query as to who is greatest in the kingdom of heaven, "Jesus called a little child unto him, and set him in the midst of them, and said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven." Thus Jesus taught that finding the kingdom of heaven is not a matter of human status but of humble, trusting obedience to God as our loving Father.

During World War II, I was with a defense battalion in the United States Marine Corps. We sat on islands in the South Pacific for months at a time. I had plenty of time to think through Mrs. Eddy's writings, to search out what God was revealing through this inspired woman. I thought through Science and Health six times; through Mrs. Eddy's other prose writings four times; and the Bible four times. The spiritual insight that came to me during that period is with me yet and sustains now as then my demonstration of this Science of Mind-healing.

During that time I met no other Christian Scientist. So I had to sink or swim on my own understanding or lack of it. Thoughtfully reading *Science and Health* and the Bible enabled me to heal myself. I was healed of seasickness; of fungus in the ear; of blood poisoning. I was freed from fear during bombings and protected from any sense of boredom. As I ventured into the new-old world of Christian Science, I discovered in these books the precious vein of spiritual enlightenment, which has extended and broadened for me down the decades.

These spiritually scientific definitions direct us precisely to the treasure-house of spiritual understanding, and healing results. Spiritual definitions of God and man strike deep and dispel the errors that seem to repeatedly subject humans to sin and disease.

Jesus' demonstrations in healing the sick and sinning show his

#### CHRISTIAN SCIENCE SENTINEL

understanding of the facts of Spirit, God. Mrs. Eddy's demonstrations in healing the sick and the sinning show her understanding of the same facts. Your life, too, can illustrate your consistent finding and understanding of God. You can heal and be healed. Thus your life will take on the richer, more spiritual conditions that come from an understanding of God and man as defined in Christian Science.

<sup>1</sup> Science and Health, p. 579; <sup>2</sup> ibid., p. 475; <sup>3</sup> Matt. 18:2-4.

### SCRIPTURE'S SWEET SIMILES

truth was a pigeon a stone wall these I saw the morning of despair

I had asked for a sign and they were there the warmth of the bird the strength of the wall

"He shall cover thee with his feathers"
the Psalmist sang
"and under his wings shalt thou trust"
and prophecy promises a man shall be found
"as the shadow of a great rock
in a weary land"

I wept with joy for the beautiful bird and the stone wall and for centuries that made them more than a bird and a wall

BEULAH M. ROEGGE

# The Hallowed Name

ERIKA GLADHORN

To grasp the deep significance of the words "Hallowed be thy name" in the Lord's Prayer, we might recall that in Jesus' time a name often signified the nature of the name-bearer; it characterized as well as identified him. In his prayer for his disciples at the Last Supper, Christ Jesus said, "I have manifested thy name unto the men which thou gavest me out of the world: thine they were, and thou gavest them me; and they have kept thy word." <sup>2</sup>

More clearly than anyone had ever before shown it, Jesus revealed God's true nature. To be sure, the children of Israel acknowledged God as "heavenly Father," but they attributed some very human traits to Him. To them, He could become angry, was sometimes moody, and not always just in favoring some of His children.

Jesus revealed God as all-loving, all-forgiving, all-caring. He knew Him as the loving Father who ceaselessly cares for all His children, not in a prejudiced and partial way but in a divinely just and evenhanded way. Jesus said of Him: "He maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust." In full agreement with the Master's teaching, Christian Science teaches that God is divine Principle, Love, ever present and ever operative to bless.

Mrs. Eddy uses the word "Principle" as a synonym for God. With this name she acknowledges and makes Him known as the source and substance of all true law and being. This name highlights the fact that Christian Science is really a scientific religion. That is to say, it is provable. Jesus proved God's healing and saving law step by step. So can we. He knew whereof God's nature consists and made it clear to his followers again and again by heal-

ing the sick and satisfying human needs. But how seldom they really understood him—at least before his resurrection.

One who understood him better, it seems, than others was a Roman army officer—the centurion from Capernaum—who asked him to heal his grievously ill servant. He knew that it was not by personal power but by divine commission that Jesus healed, and that therefore it was not Jesus' personal presence but only his word or command that was needed. He said, "Speak the word only, and my servant shall be healed." 4 And so it proved. Jesus truly hallowed God's name—reflected His nature.

Mrs. Eddy gives "Adorable One" 5 as the spiritual sense of the words "Hallowed be thy name." And Jesus did adore the one Father of all. He prayed to, honored, loved, and reverenced God. In Christian Science, Mind is one of the synonyms for God that expresses His creative nature as infinite intelligence. In Science and Health Mrs. Eddy writes: "Mind is the grand creator, and there can be no power except that which is derived from Mind. If Mind was first chronologically, is first potentially, and must be first eternally, then give to Mind the glory, honor, dominion, and power everlastingly due its holy name." 6

Christian Science is in complete accord with Christ Jesus' teaching. The Master could not have healed by a word a single bodily or mentally ill person if he had believed there was more than the one infinite and perfect creator. He knew that man can have only the being that is Godlike, and therefore spiritual and perfect. And through this acknowledgment of the omnipotence and omnipresence of God as the one Spirit, divine Mind, he healed those who thought they were possessed by other spirits or minds.

Mrs. Eddy emphasizes the changeless perfection of God's creation. She points out: "The Scriptures declare all that He made to be good, like Himself,—good in Principle and in idea." 7 Here, too, she is the faithful follower of the Master, who attributed all good to God.

How helpful it is for us when we too acknowledge good as the universally efficacious Principle and Mind of all and in this way truly hallow God's name! An example may illustrate this. A Christian Scientist known to me was given notice to vacate her apartment. At first it seemed to be a personal scheme. Later, however, it became known that the house had been sold and was to be torn down by the new owner. This involved not only the house in which the Scientist lived but an entire complex of historically valuable buildings.

She immediately began to look at the situation in the light of Christian Science and to acknowledge God, good, as the only cause. Some of her first thoughts were that justice is ever present, that one idea cannot inflict harm on another, and that from Love, immortal Spirit, only good can come. She prayerfully maintained that in reality man lives and dwells in God, divine Mind, and that no power in the world, no injustice or blindness to values, can shut him out of this infinitude; that God's good will and His perfect plan—not self-will, one's own or another's—always prevail. She saw, too, that it is necessary to acknowledge God as the only and highest judge, who makes all decisions in a way that benefits everyone.

The personal scheme dissolved into nothingness, but greater injustices and errors were uncovered. The houses, though supposed to be under protection as monuments, were to be allowed to remain empty and unattended for years, in order that when they had deteriorated a demolition permit could be obtained to enable new property owners to build more profitable, commercial buildings on the same site. Instead of fearing this threat or fighting it with counteracting plans or political pressure, the Scientist held faithfully to confidence in the power of God, Spirit, as the only effective and real power.

She indeed hallowed His name. She looked to no other power, nor did she fear one. The result was not only the preservation of the entire building complex but its utilization for the benefit of the population of the area as a recreation center. She did not have to move out of her apartment. God was her protection, a fortress to shield her. As it says in the Bible, "The name of the Lord is a strong tower: the righteous runneth into it, and is safe." 8

<sup>&</sup>lt;sup>1</sup> Matt. 6:9; <sup>2</sup> John 17:6; <sup>3</sup> Matt. 5:45; <sup>4</sup> 8:8; <sup>5</sup> Science and Health, p. 16; <sup>6</sup> ibid., p. 143; <sup>7</sup> ibid., p. 286; <sup>8</sup> Prov. 18:10.

### Living Our Gratitude

RUTH H. POYSER

As we let affection, compassion, meekness, and thanks to God persistently grow within and transform our thought, we naturally cultivate a grateful attitude; we live our gratitude.

Gratitude is not just words. It is feeling—deep, heartfelt thankfulness. It is loving God and turning to Him with joy and gladness. It is a continuing spontaneous response to what our heavenly Father gives. He who has wholehearted trust in God experiences peace and

happiness within.

To keep our gratitude, we must increasingly express it—live it—by being helpful to others and by glorifying God in everything we think and do. The Psalmist sang: "I will praise thee, O Lord, with my whole heart; I will shew forth all thy marvellous works. I will be

glad and rejoice in thee." 1

Living our gratitude isn't a chance occurrence. It isn't the result of particular circumstances or situations. Nor does it depend on the amount of our material possessions. An abiding sense of gratitude emanates from a growing understanding of man's real being in Christian Science. It comes from the joyful recognition that God and man are inseparable and eternal. A grateful attitude flows from a realization of the spiritual perfection of man and the universe, an awareness of God's love and care for all His creation. And this awareness brings healing.

One afternoon some years ago while alone in a hotel room in a foreign country, I was suddenly stricken with a most uncomfortable stomach disorder, and I was unable to speak the language of the country in order to seek assistance.

The condition became worse until I was unable to understandingly affirm the spiritual truths I knew, or even remember them. I do recall mentally reaching out to God for help, and sometime

during the afternoon a simple, clear realization that God was right there began to flood my consciousness. Then came a fresh conviction that I could never be separated from, or outside of, God's protecting, healing power. A great sense of relief and reverent gratitude enveloped me! Shortly afterward the unpleasant symptoms began to subside. I became peaceful and felt increasing freedom.

Later that evening my husband came in from his work, and we declared together the spiritual truths of man's real status as the reflection of God. Although I remained in bed the rest of the day and ate no food, I slept soundly all night. The next morning I awoke healed, and with great gratitude to God we left on a sched-

uled, necessary automobile trip.

Mrs. Eddy writes: "Man is, and forever has been, God's reflection. God is infinite, therefore ever present, and there is no other power nor presence." <sup>2</sup> What greater cause can there ever be for gratitude?

Praise to God is a vital aspect of upright, satisfying living. A fresh perspective, clarity of thought, inspiration, and healing often come during quiet times of thoughtful thanksgiving to God. We feel the presence of His love and grace. "Rejoice evermore," Paul said. "... In every thing give thanks." 3

Gratefulness of heart, springing from knowledge of the spiritual facts of man's being, preserves one from despondency. It closes the door on unwanted thinking and builds a strong defense against every suggestion of evil. It promotes expectation of good, gladness,

courage.

The importance of being always grateful can never be unduly stressed. This is portrayed in the experience of Daniel. When faced with a plot against him, he humbly and prayerfully continued to live his gratitude. Three times daily he prayed "and gave thanks before his God, as he did aforetime." And in the den of lions he spoke of his deliverance and God's protecting power in these words: "My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me." <sup>4</sup>

Because gratitude is an active attitude, it has to be expressed. If we do not express it, we just aren't grateful enough. Ingratitude stems from a false concept of one's selfhood, from a belief that man is something other than God's perfect reflection. Ingratitude would

obstruct joy, harmony, healing.

This false belief is destroyed in proportion as the attributes of God, divine Love, are identified, persistently held to in thought, and expressed. He who prayerfully listens for God's direction and stays close to Him in thought, thanksgiving, humility, is not likely to allow ingratitude to take over his life.

Christ Jesus' healing activities exemplified persistent, grateful acknowledgment of the ever-present, ever-operative law of divine Love, thankful awareness that man reflects spiritual perfection at all times. Jesus thanked God for this even before the surrender of material discord; healing came quickly. The Master surmounted the limitations of matter and demonstrated for the benefit of mankind the unbroken perfection and reality of spiritual existence. His gratitude to God was an essential part of this demonstration. Christian Science follows his example and moves thought to appreciation of God's spiritual universe rather than to mere worldly gain from a temporal, material universe.

Centuries ago Joshua, too, sounded the call to leave material-mindedness and seek that which is spiritual. He said, "Now therefore put away . . . the strange gods which are among you, and incline your heart unto the Lord God of Israel." <sup>5</sup> In her life of consecrated praise to God and love for all mankind, Mrs. Eddy answered Joshua's call. She writes, "Christian Science is more than a prophet or a prophecy: it presents not words alone, but works,—the daily demonstration of Truth and Love." <sup>6</sup>

A life alive with joy and thanksgiving finds fresh opportunity each day to live gratitude—to discover a higher, more spiritual way of living in "the daily demonstration of Truth and Love."

<sup>&</sup>lt;sup>1</sup> Ps. 9:1, 2; <sup>2</sup> Science and Health, p. 471; <sup>3</sup> I Thess. 5:16, 18; <sup>4</sup> Dan. 6:10, 22; <sup>5</sup> Josh. 24:23; <sup>6</sup> Miscellaneous Writings, p. 373.

# Man's Completeness Manifested Humanly

JOHN W. POWER

Part of the belief in material existence is that one must have a physical body in order to have identity. Interest in this body is therefore acute. The maintenance of its health, the continued completeness of its members and organs, are correspondingly important—as is their functioning in a normal manner.

But what if a bodily member becomes mutilated or badly diseased? The primitive answer is amputation. But modern, advanced technology offers more sophisticated solutions. Serums, artificial limbs, and transplants of organs are material substitutions; they indicate the ingenuity and direction of medical research. But limitation is an inevitable ingredient of the belief that cause, effect, and correction are to be found in matter.

Fortunately, there is another, higher area of research—the spiritual—healing or restoration through the power of God, divine Principle, and God's law of perfection, completeness, sufficiency. The higher understanding of perfect God—and of man as His expression—permits God's plan for man to be humanly manifested. At this altitude of inquiry true cause and effect are found to be not in matter but in Spirit.

This Science of Life, called Christian Science, perceives but one entity—God, Spirit. Because man is wholly spiritual and the image of God, his identity is complete and indestructible. In consonance with creation as recorded in the first chapter of Genesis, this state of existence identifies man with the omniscience, omnipotence, and completeness of divine Principle. The uplifting influence of man's unity with God is important; it raises one's consciousness above material impositions. This divine power restores and heals.

The right thought-model maintained in human consciousness invokes the healing power of the Christ to reject and correct the

material, worldly thought of human imperfections, of limitations, and of irreparable damage or loss. The removal of this mental interference clears the way for the natural restoration through divine law of the completeness manifested in all of God's ideas. Mrs. Eddy indicates the possible effects, at the human level, of understanding the divine completeness: "If the Science of Life were understood, it would be found that the senses of Mind are never lost and that matter has no sensation. Then the human limb would be replaced as readily as the lobster's claw,—not with an artificial limb, but with the genuine one." <sup>1</sup>

There are, of course, many such instances of nature's renewing force—snakes' skins are replaced annually, the bark on trees is changed, and so on. Children are especially amenable to nature's renewal law. An instance of this was described in a popular magazine. A doctor in England told of a child whose fingertip was amputated. Instead of receiving the usual surgical dressing, the finger was washed, a stick splint positioned, and a mitten bandage added. In three months the finger attained normal length and appearance, and it included a nail. A picture of the restored finger

was provided.2

Cases of natural restoration of this kind hint at God's law of restoration—law that is always available and operative unless human doubts, fears, and inventions claim to interfere. The operation of God's law of restoration is illustrated by the following: A household helper in the home of a Christian Science practitioner severed her thumb at the first joint in a clothes-wringer accident. This woman, although not a Christian Scientist, asked for treatment.

Through prayer her thumb was wholly restored.

The physical body is the externalization of mortal thought. But human consciousness is capable of being spiritualized, and thought then rises higher, as it approaches the divine, in understanding Truth. The divine facts of body are wholly spiritual, perfect, complete, and indestructible. If human thought wanders from this correct thought-model, accidents, inharmonies, or limitations may appear. The disciplined restoration in human consciousness of the divine completeness and perfection of man is the affirmation of Truth, and this is manifested in the human body in what we call a healing or continuing health.

Mrs. Eddy has written, "Man has 'sought out many inventions,' but he has not yet found it true that knowledge can save him from the dire effects of knowledge." Like vapor hiding the sun, material, worldly knowledge tends to block our view of the normal operation of God's law in bringing divine good to mankind. This worldly knowledge must be cleared out of the way. The lobster and the snake are unaware of mortal opinion. But human beings, endowed with reason, logic, and deduction, must seek God's help through prayer to "unthink"—or remove—worldly influence. Then they can demonstrate their God-given freedom and completeness. Certainly faith and a radical dependence on divine Truth bring Love's healing power into our experience. This is the Christian Science way and follows the guidance of Christ Jesus when he said, "Seek ye the kingdom of God; and all these things shall be added unto you."

Mrs. Eddy sums this up in these words: "The indestructible faculties of Spirit exist without the conditions of matter and also without the false beliefs of a so-called material existence. Working out the rules of Science in practice, the author has restored health in cases of both acute and chronic disease in their severest forms. Secretions have been changed, the structure has been renewed, shortened limbs have been elongated, ankylosed joints have been made supple, and carious bones have been restored to healthy conditions." She further assures us: "Christian Science heals organic disease as surely as it heals what is called functional, for it requires only a fuller understanding of the divine Principle of Christian Science to demonstrate the higher rule." <sup>5</sup>

<sup>1</sup> Science and Health, p. 489; <sup>2</sup> Time, Aug. 25, 1975; <sup>3</sup> Science and Health, p. 196; <sup>4</sup> Luke 12:31; <sup>5</sup> Science and Health, p. 162.

For I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord.

Jeremiah 30:17

### Decisions

GEORGIANA LIEDER LAHR

Life often seems to consist of one decision after another. From the smallest decision of what to serve for dinner to the greater decisions concerning one's vocation, marriage, and business affairs, there is the ever-present necessity of choice. How can one learn to make wise decisions in the important matters that determine the very direction of one's life? How can decisions be made that will bless not only oneself but everyone concerned in the matter?

An individual is often prone to limit his decisions within the bands of a very finite sense of life. But Christian Science shows that the resources of God, divine Life, are infinite. Basic to all decision-making is the necessity to claim one's identity as the perfect reflection of God. Man, the infinite reflection of divine Mind, can harbor no limitations. As we realize this, our decisions will not be hemmed in by lies of finite sense.

Claiming our true identity, we come to understand that the scope of our thought, our business, our fields of service—the extent of our capacities to do what God directs us to do—is limitless. Mrs. Eddy once told a class of her students, "You are going out to demonstrate a living faith, a true sense of the infinite good, a sense that does not limit God, but brings to human view an enlarged sense of Deity." <sup>1</sup>

In claiming one's true identity as the perfect reflection of limitless Mind, it is essential to know that the spiritual senses alone are real. The spiritual universe of God's creating is the real and only universe. Using his spiritual senses, one can see the infinite range of God's power and presence. He can hear God's direction as he shuts out finite conceptions of persons and events. He can feel the boundless possibilities of God's plan for him, discern the unlimited range of his capacities as a child of God.

As one claims his divine sonship in all he says and does, his decisions will reflect the exactitude of Principle, the infinite wisdom of divine Mind, the blessings of Love. The words of the father in

Jesus' parable of the prodigal son will become ever clearer and more meaningful: "Son, thou art ever with me, and all that I have is thine." All that God has—His infinite spiritual ideas—is ours to enjoy. Mrs. Eddy writes in *Science and Health*, "You render the divine law of healing obscure and void, when you weigh the human in the scale with the divine, or limit in any direction of thought the omnipresence and omnipotence of God." We need to set aside quiet times of communion with God in which false beliefs of the material world are barred from conscious-

We need to set aside quiet times of communion with God in which false beliefs of the material world are barred from consciousness. How important these quiet times are, when in complete confidence we come to know God's allness and infallible guidance! Christ Jesus spent many hours in quiet communion with his Father. In making decisions it is important to yield human will to God's perfect will and not to insist on what we think the results should be.

In making decisions it is important to yield human will to God's perfect will and not to insist on what we think the results should be. Humility is an important factor in decision-making. When there was strife between Abraham's and Lot's herdsmen, Abraham said to Lot: "Is not the whole land before thee? separate thyself, I pray thee, from me: if thou wilt take the left hand, then I will go to the right; or if thou depart to the right hand, then I will go to the left." Abraham was humble and willing to abide by Lot's choice. There was no sense of personal will in Abraham's thought when he spoke to Lot.

When through prayer and quiet, obedient communion with God an individual has reached a decision, he should not hesitate to take the human steps to put that decision into action. Yielding humbly to divine Mind's direction and guidance, one can proceed with complete confidence in God's protection and care. Even if the way leads into paths unknown, there is nothing to fear, for God is sustaining and maintaining every right decision. Mrs. Eddy writes, "Advancing to a higher plane of action, thought rises from the material sense to the spiritual, from the scholastic to the inspirational, and from the mortal to the immortal." <sup>5</sup>

Perhaps after a decision has been made and put into practice there is a waiting period for the decision to come to full fruition. If so, there is no need for impatience or frustration. We can reject, with an absolute faith in God's omnipotence and allness, such false beliefs as: Nothing is happening; Maybe this decision is not a right one; Maybe this course of action will end in failure. God's care is

ever present to fulfill every real need. James writes, "Let patience have her perfect work, that ye may be perfect and entire, wanting nothing." <sup>6</sup> Of course, in the event our original decision was not a right one, such confidence in God will show this to us so that we can start again.

Several years ago I had to make an important decision either to continue a teaching career I had always loved or to retire from it and devote the major part of my time to writing. I did much prayerful thinking on the matter, and the question that was paramount in my mind was, "What is my real motive in making this decision?" The answer came: "Man's only business is to bear witness to the perfection of God and man and the universe." This is true, whether the human task is teaching, writing, or any other right endeavor. I realized that regardless of my occupation, my motive was still the same—to be about my Father's business. On the basis of this spiritual perception I retired from teaching and now devote much of my time to writing.

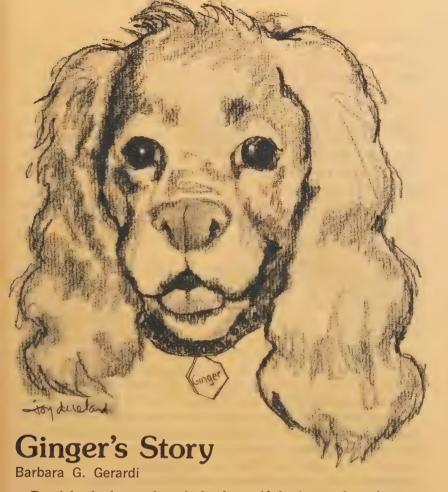
In making decisions it is very important to examine the motive behind the decision. If this motive, when put into action, blesses all concerned, then it is a right motive, and it is God-governed and God-directed.

Actually, in God's allness there are no decisions to be made, for all that is going on now and through all eternity is God's perfect, harmonious manifestation. But individuals need to prove this truth in present experience. As we claim our forever at-one-ment with God, our true, limitless identity, the decisions we make will be a blessing to all.

<sup>1</sup> Miscellaneous Writings, p. 282; <sup>2</sup> Luke 15:31; <sup>3</sup> Science and Health, p. 445; <sup>4</sup> Gen. 13:9; <sup>5</sup> Science and Health, p. 256; <sup>6</sup> James 1:4.

Whoso trusteth in the Lord, happy is he.

Proverbs 16:20



Patti had always loved the beautiful picture hanging on the wall of her Sunday School. The picture showed a little child standing with a group of wild animals. Her Sunday School teacher had told the class that it represented a verse in the Bible that told of the time when the beasts would live together and "a little child shall lead them."

Patti loved animals, especially her dog, Ginger. One day when Patti got home from school, she found that Ginger had been badly hurt. Her tail thumped once limply when she saw Patti, but then she placed her head sadly on the floor between her paws and whimpered.

"Ginger is crying," Patti said.
"Patti, Ginger wants us to help her," her mother said.
"She's trusting us to know what to do for her." Immediately Patti remembered the love and trust that the animals and the child in the picture expressed. She knew that a true sense of love means a willingness to help and comfort, and she loved Ginger enough to do that for her.

"All right," Patti said cheerfully, trying hard not to see the ugly condition. Instead she thought of Ginger's trust and gentleness and all the other qualities that she had

from God.

Patti and her mother sat down to study their Bible and Science and Health together. They found that Mary Baker Eddy, the Discoverer and Founder of Christian Science, expected us to understand the true state of God's creatures. "All of God's creatures, moving in the harmony of Science, are harmless, useful, indestructible," she says in Science and Health. Patti and her mother began to see that although Ginger seemed to be hurt, she was really an indestructible idea of God, "moving in the harmony of Science."

Soon afterward, a stranger came to Patti's house and knocked on the door. "I'm very sorry to tell you this," said the stranger, "but I have killed your dog. My car hit the animal very hard and she ran off quickly, but she surely couldn't have lived much longer. The neighbors told me

it was your dog."

Just then Ginger came trotting happily into the room, neither limping nor showing any sign of her accident. "No, Ginger is perfect!" Patti cried.

The stranger was surprised but very happy to see Ginger well. Patti and her mother thanked God for the care He gives to all of His creatures.

<sup>&</sup>lt;sup>1</sup> Isa. 11:6; <sup>2</sup> Science and Health, p. 514.

# Editorials



GEOFFREY J. BARRATT Editor

NAOMI PRICE Associate Editor

PETER J. HENNIKER-HEATON Associate Editor

ALFRED F. SCHNEIDER Associate Editor of the Herald

### The Truth of Concentration

To be able to concentrate on main objectives—this is usually thought of as a valuable talent. Achievement of business, academic, athletic, family, church goals demands this. Such success comes out of consistently aiming thought in the right direction. "The devotion of thought to an honest achievement makes the achievement possible," <sup>1</sup> encourages Mary Baker Eddy in Science and Health with Key to the Scriptures.

The quality of our thought is of prime importance in reaching useful destinations. How can we keep our thought efficient and orderly? What can we do when the center of our thinking doesn't seem to hold and we catch ourselves drifting rather pointlessly across the landscape of human thought? Suppose we want to pray, or give Christian Science treatment, and our consciousness divides in two, part going to matter, part to Spirit? A metaphysical approach

helps us stick to our set course better.

Right reasoning and realization—prompted by Truth, God—are thoroughly unlike autosuggestion. Right reasoning doesn't involve the manipulation of the human mind. On the contrary. It demonstrates the oneness and presence of God as the one and only Mind. If we feel our thinking is being pulled apart and dispersed in useless directions, we can affirm and reaffirm divine Mind as the only consciousness. A practical antidote to mental wandering is the spiritual truth that Mind—our Mind—is self-governing and self-knowing. This is because the divine Mind is All and alone is the source of being. Man, metaphysically defined, is the idea or action of this Mind and is inseparable from Mind.

We can successfully challenge weak and wobbly thought because it's entirely inconsistent with divine reality. The knowing of spiritual truth has its source in God. Hence it is always precise and whole. It can't be frayed at the edges (it has none), become ragged or fragmented. In the sense that in our real selfhood we're the idea of Truth, we can't be divided from Truth. And Truth itself cannot be divided.

In reality, there are no chaotic processes of mortal consciousness. True consciousness represents Truth and its wholeness. Mrs. Eddy makes plain that "Truth is not fragmentary, disconnected, unsystematic, but concentrated and immovably fixed in Principle." <sup>2</sup>

Sometimes we may seem to be pulled from a constructive course when relatively minor problems try to seize our attention. Instead of moving across the plain in a straight line, we may seem to be constantly delayed by detours to put out brush fires. Many of these would simply go out of their own accord. They would burn out because of their intrinsic nothingness. Not that we should be neglectful of details demanding our attention. But many of them are better dealt with by realizing that, to overstretch the analogy a little, there are no combustibles on the plain of Spirit. Niggling distractions are frequently coped with by our insisting on concentrating on the big goal and the large vision, our sense of the power and omniaction of divine Love.

Suppose, nevertheless, that no matter how you try, you still find it hard to keep your thought steadily on the main track. Don't be discouraged. It's so heartening to remember that what we may regard as mere snatches of spiritual knowing and realizing are the only authentic moments we actually experience. They can be likened to beads on an unbroken thread; they're never really pulled apart by mortal distractions and scattered. Momentary glimpses of Life can help enormously—unrestrictedly, in fact. Science and Health indicates the healing possibilities of these glimpses: "Become conscious for a single moment that Life and intelligence are purely spiritual, —neither in nor of matter,—and the body will then utter no complaints. If suffering from a belief in sickness, you will find yourself suddenly well." <sup>3</sup>

What can it be that makes us waste time we should be devoting to deepening our understanding of Truth? That makes us content with the frivolous and superficial? What is it that lures our thought down culs-de-sac, that would make us substitute meaningless mean-derings for direct, consistent, spiritual acknowledgments of the allness of God and the perfection of man? There is actually nothing that can make us do these things. Christian Science designates as animal magnetism the seeming forces that would waylay and ambush us, but animal magnetism is concentrated in nothingness, always a nonentity. To be awake to this is to cope with animal magnetism and to have a much more constructive career through life.

"Peace I leave with you," <sup>4</sup> Christ Jesus said. Through the truth of man's being in God, which Jesus lived and proved, we find that pure peace. It comes from knowing that even now all real mental action is firmly and permanently held in Mind and nothing can coax

or draw us away.

Geoffrey J. Barratt

<sup>1</sup> Science and Health, p. 199; <sup>2</sup> Retrospection and Introspection, p. 93; <sup>3</sup> Science and Health, p. 14; <sup>4</sup> John 14:27.

### Spirituality: The Great Cleanser

We're all antipollutionists today. At least so long as it's the other fellow's pollution. When it comes to our own particular form of pollution, we're slower to recognize it or we may argue that possible

advantages outweigh the disadvantages.

Because of this inconsistency, high hopes for antipollution measures too often end in disappointment. This is likely to continue until the essential breakthrough is achieved: the basic pollutant behind all specific pollutants, ours and the other fellow's, must be identified, denounced, and dealt with. For this we need a new perception of reality, a perception of reality as wholly spiritual, unpolluted and unpollutable.

To approach this problem from another angle. "Blessed are the pure in heart: for they shall see God." These words of Christ Jesus are widely respected. Purity of heart, indeed purity of all kinds, is generally agreed to be desirable. Yet at the same time

many good and thoughtful people have reservations about purity,

about both the word and the concept.

Such individuals would be unlikely to take a stand in favor of impurity, adulteration, pollution; but they do sometimes take a stand that promotes these conditions—either directly, or indirectly by slowing down countermeasures. They act like this because they have too often observed demands for personal or environmental purity being twisted to serve tyrannical self-righteousness, selfish motives, or intellectual darkness. This twisting is possible because the basic cleanser, the basic spiritual source of purity, has not been identified.

Let's be specific. Pollution takes many forms. Contaminated food, water, air. Permissiveness in business practices. Discharge of radioactive and industrial wastes. Viruses and infections. Pornography and "anything goes" sexual behavior. Noise and language pollution. Political double and triple talk. But behind all these and other forms of pollution there is one ultimate pollutant—materialism.

Materialism is something more than any particular materialistic attitude or action. It is belief in finity—evil's primal claim that there is a limitation on infinite good, that there is a substance apart from and opposed to the infinite substance of divine and wholly good Spirit. It is the false suggestion that life is dependent on this limiting so-called substance, matter, or that life must express itself through this matter and its limiting formations.

The spiritual facts are in total opposition to materialism. They alone can finally subdue pollution, and they do this by exposing pollution at its most vulnerable point, its source in materialism. In *Science and Health* Mrs. Eddy voices the challenge of Christian Science to the ultimate pollutant. "Spirituality," she writes, "lays open siege to materialism." <sup>2</sup> Sometimes we may be tempted to believe the cleansing forces of spirituality are fighting a last-ditch action against polluting floods of materialism. This picture is incorrect. Spirituality always holds the initiative: materialism is always on the defensive.

Spirituality subdues materialism by drying up the very sources of pollution, by exposing the falsity of every one of matter's claims. Mrs. Eddy describes this total exposure like this: "God is All, in all. What can be more than All? Nothing: and this is just what I call

matter, nothing. Spirit, God, has no antecedent; and God's consequent is the spiritual cosmos." <sup>3</sup> Spiritual allness is not a pantheistic doctrine that Spirit includes and expresses itself through matter; it is Spirit ruling out the very possibility of matter or material forms of any kind.

The practice of Christian Science is deeply concerned with healing physical disease. Recognition of the infinite cleansing power of Spirit rules out impurities and infections wherever they claim to ap-Spirit rules out impurities and infections wherever they claim to appear—in blood, in digestive or respiratory organs, or anywhere else in the human frame. Man, the wholly spiritual idea of infinite divine Mind, cannot be invaded by pollution from within or without. The purity of man and of the spiritual universe is eternal and inviolate. The perception of this brings healing to the human body. But as important as healing sickness is, the revelation of the Christ Science that matter is nothing and Spirit is All reaches far further. It brings healing and purification to every area of human activity. This purifying healing practice in which "spirituality lays open siege to materialism" includes a clear perception of the spiritual facts of God and His creation. It also requires a way of life. St. Paul

of God and His creation. It also requires a way of life. St. Paul listed some of the qualities on which spirituality builds: love, joy, peace, gentleness, patience, faith, goodness, temperance. Other such qualities are: compassion, courage, integrity, wisdom, intelligence. In the degree that our perception of the spiritual facts is supported by our living of spiritual and humane qualities, we lay successful siege to pollution at its source. Then we are also guided to take or support useful human measures for halting pollution of whatever kind and to do this with right motivation, right methods, and right timing.

The matter in a comet's tail is said to be as nearly nothing as anything can be while still being something. We need to go farther. Under divine impulsion we need to see that matter, materialism, and all their resulting pollution are not just as nearly nothing as anything can be while still being something: they are nothing at all.

Only from the basis of the allness of divine Spirit can we be

finally rid of all pollution and know true purity.

PETER J. HENNIKER-HEATON

<sup>&</sup>lt;sup>1</sup> Matt. 5:8; <sup>2</sup> Science and Health, p. 216; <sup>3</sup> Miscellaneous Writings, p. 26; <sup>4</sup> See Gal. 5:22, 23.

# The feeling that God can heal you

Men and women everywhere feel deep down that it's true. God can heal. With the power of Spirit. Without drugs.

Jesus knew this. He proved it, and so did his early followers. They turned to God in prayer. They yielded to the understanding of God's presence and grace.

You can do the same, and there is a book that can help you. Study of *Science and Health with Key to the Scriptures* by Mary Baker Eddy reveals new meaning in Jesus' teachings. You can learn the rules of spiritual healing he taught and lived.



You can purchase a copy of this book and matching editions of the Bible at any Christian Science Reading Room. The Paperback Edition is just \$2.50. It can also be ordered direct from:

Miss Frances C. Carlson, Publisher's Agent One Norway Street, Boston, Massachusetts, U.S.A. 02115

# Testimonies of Christian Science Healing

My introduction to Christian Science came when I met my wife. Although I witnessed many healings for my wife and children, I could not quite accept all of the teachings of Christian Science. I felt that if I were allowed to smoke and have that occasional social drink and once in a while go to a doctor, I would be able to accept Christian Science.

A few years later a severe difficulty arose that caused me to go to the doctor twice a week. It was diagnosed as ulcerated colitis. After several months of medical treatment, the situation became progressively worse. I was unable to eat, work, or sleep. My wife always lovingly asked me if I was ready to be healed in Christian Science, and each time I said that I could not quite accept it.

When the problem became extremely alarming, I went to one of the large medical clinics in the country. Several doctors examined me, and it was determined that I would have to remain in the hospital for the next several weeks for observation. As I was sitting in the waiting room, waiting for admission to the hospital, a still, small voice spoke to me. I knew then that Christian Science was the answer. With that, I garnered what strength I had, signed all of the proper releases, and called my wife. I told her I was coming home and that I wanted Christian Science treatment.

Upon arrival home, I called a Christian Science practitioner. Prayerful work was taken up immediately; within three days the loss of blood stopped, and within one week the weight loss had stopped. Within three months I regained the almost fifty pounds

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—The Editors.

I had lost. But best of all, I was reborn! I had found a new life. The healing was so complete I did not realize until weeks later that I had stopped smoking, and I could not remember the last time I had smoked a cigarette. The desire for social drinking also completely left me.

After regaining my health, I wanted to learn more of this healing religion. I studied eagerly and became a member of a branch church, of The Mother Church, and then had the wonderful experience of class instruction. With the spiritual transformation of my thought came a better relationship with my family and

friends, and a complete improvement in my business.

Several years later the physical difficulty reappeared. With the help of my wife, I prayed for greater enlightenment. How grateful I was to uncover the false belief I had taken into my consciousness years before, when a doctor had said the condition could recur sometime in the future. Once this fear was uncovered, we prayed, acknowledging my true spiritual status and that the real man had never suffered nor lost his original perfection. There was no question that I had been completely healed physically earlier; I needed to be permanently healed in consciousness. I am grateful to say with this conviction the healing of the symptoms was then almost instantaneous and has been permanent.

I should also like to testify to a healing through mental surgery. I had come home one Sunday afternoon with a swelling sensation in my gums. Though the swelling and pain were intense, on Monday I was able to carry on my regular business activity. I steadfastly turned to God in prayer and had the prayerful help of a practitioner. There was very little relief, and I was reluctant to go to church Wednesday evening because of my appearance and the pain. However, I wanted very much to be in church. I went. I felt the healing power in the words being read from the Bible, and Science and Health with Key to the Scriptures by Mary Baker Eddy, and while continuing to pray I had a wonderful sense of release. By the time I left church the swelling was down and everything had returned to normalcy.

These experiences have given me a deeper understanding of God's power and goodness, and deep gratitude for Christ Jesus, the Way-shower, and for Mrs. Eddy. I can attest that Christian

Science does heal when we turn to it with an absolute faith and knowledge that, as Christ Jesus said (Matt. 19:26), "with God all things are possible."

JEROME O. BERMAN Chicago, Illinois

~

"The Christlike understanding of scientific being and divine healing includes a perfect Principle and idea,—perfect God and perfect man,—as the basis of thought and demonstration." This explanation of Mrs. Eddy's in *Science and Health* (p. 259) and other healing truths, including "the scientific statement of being" on page 468, helped to heal me some months ago of the effects of an accident.

I was in my pickup truck and stopped at the mailbox at the ranch to pick up the mail. As I was opening the box, I noticed the truck backing up into the street. I ran over, and in an effort to get into the truck, was knocked to the pavement and one wheel of the truck ran over me. Passersby called an ambulance and the police, and soon they had me in the emergency room of the general hospital. While this was taking place I was praying, endeavoring to know

While this was taking place I was praying, endeavoring to know the truth about myself. Bible verses were clear in my mind that tell me who I am, a child of God. In the emergency ward, the attendants asked me questions and I immediately told them I was a student of Christian Science and wanted no medication of any kind. They insisted on taking X rays of my body. They could only find three broken ribs in the right side of my chest. Then I was taken home.

With the help of a Christian Science practitioner, and with the loving and healing thoughts of my wife, I received my healing. In three days I reported to the lemon ranch where I am the manager.

I have been a student of Christian Science for forty years. My first healing was of the smoking habit, accomplished after one week's study of the Bible and *Science and Health*. I have been healed of kidney stones, hernia, and other physical ailments. God has supplied our needs. That "divine Love always has met and always will meet every human need" (*ibid.*, p. 494) has been shown us in overcoming beliefs of lack.

#### CHRISTIAN SCIENCE SENTINEL

My wife and I have had class instruction and are members of The Mother Church, and have happily served the Cause in many ways in a branch church. Our children and grandchildren are also students of Christian Science, making five generations of Christian Scientists in our family.

I am grateful to God for Christ Jesus, our loving Master, and for Mrs. Eddy, the Discoverer and Founder of this practical religion.

I am grateful to be a student of Christian Science.

GARTH T. RIDDLE Ventura, California

~

### [Original in German]

It is an unspeakable blessing for mankind that Mrs. Eddy not only received the revelation of this divine Science but also founded the Church of Christ, Scientist, and gave the teaching the practical foundation humanity needs. I am thinking now of Christian Science nursing, as provided under Article VIII, Section 31, entitled "Christian Science Nurse," in the Manual of The Mother Church by Mrs. Eddy. From our experience, speaking figuratively of the support our family received from the ministrations of a Christian Science nurse, I would like to say that the nursing service is there for someone who is climbing a steep, narrow stairway and while under way has to grasp hold of a railing.

When we were once in need of the nursing service, we observed the nurse's work was consistent with the standards of discipline and love prescribed in the *Manual*. From this arose great prudence in regard to the management of the household, unswerving assurance in maintaining the truth in the face of error, and a serene joy that divine Principle is in control. All this was very helpful and

comforting.

I would like to relate an instance from this period. We were expected for a short visit with friends when a call came with the news that the boy of the family had symptoms of a contagious disease. Did we then, in view of our newborn baby, still wish to come? To call off the visit was very difficult due to certain reasons. I have to confess we were wavering! My thoughts were confused.

The nurse said, "Ask your pastor—the Bible, and Science and Health by Mrs. Eddy are the pastor and speak to you in the Lesson-Sermon." Though the nurse could not decide the matter for us,

she gave us this tip.

While she quietly continued with her nursing work, we were able to immerse ourselves undisturbed in study of the Lesson-Sermon in the Christian Science Quarterly. The assertion that the picture just described over the telephone did not represent reality, that each child is free and pure as the spiritual reflection of the divine Father, became conviction for us. Peace filled us during this prayerful study, and the conviction that we would not have to miss anything nor neglect a duty. The Lesson-Sermon taught us: "But where shall wisdom be found? and where is the place of understanding? . . . God understandeth the way thereof, and he knoweth the place thereof" (Job 28:12, 23). And, "Science reveals only one Mind, and this one shining by its own light and governing the universe, including man, in perfect harmony" (Science and Health, pp. 510–511). Then the telephone rang. There were no more unnatural signs on the boy's face to be seen! Since the first call to us, half an hour had gone by, and the symptoms of disease were gone. Our visit was meaningful and went harmoniously.

Full of gratitude, I rely on the teachings of Christian Science. In every respect I feel myself helpfully supported. We have at our disposal unique literature, and other practical provisions of our

church, including the lovingly performed nursing service!

(Mrs.) INGE HUBER Hohenbrunn, Federal Republic of Germany

As the mother of the above-mentioned boy, I recall this event with joy. At that time he had been attending the Christian Science Sunday School for about three years, where he learned to see himself and everybody as God's children, perfect, spiritual ideas. While his father and I denied the reality of the symptoms on his face, we clearly felt we should notify the guests we were expecting. They should have the opportunity to come to grips, as Christian Scientists, with the thought of a so-called contagious disease before starting to drive to our home. A short time later, after the telephone conversation, someone called my attention to the fact that the

redness in the child's face was no longer there. We were joyfully able to inform our friends of this over the telephone. What had been planned for that afternoon had thus not been disturbed but enriched by a proof that spiritual facts comprise reality.

I am grateful that Christian Science teaches us this.

(Mrs.) HELGA HUBER

~

### [Original in Spanish]

For almost twenty years I was preparing to make a trip to the United States. Within several weeks after my arrival in this country I obtained a very good job, with great opportunities for advancement. Later, I had to change my job, and the one I obtained didn't offer any kind of future. At a time when I felt great desperation over injustices at work, friends invited me to a Christian Science lecture given in Spanish.

I attended it very fearfully because I had no idea what I would hear. While the lecturer spoke I was amazed at the love his words expressed. Then I was invited to attend the Spanish services held by The Mother Church for the Boston community. Little by little I began to understand this wonderful religion, which completely changed my life. Through the application of this Science, I feel like a new person, with great love for my fellowman and great gratitude to God for all the proofs I have every day of His care.

I have been healed of constipation, lack of confidence, bad temper, and personal pride. A Christian Science practitioner one day recommended I study what Mrs. Eddy says in Science and Health (p. 283), "Mind is the source of all movement, and there is no inertia to retard or check its perpetual and harmonious action." After thinking deeply about the inspiration Mrs. Eddy had when she wrote those words, and with the consecrated prayer of the practitioner, I didn't need to take laxatives anymore, despite the fact that, as I had been made to believe, my trouble was hereditary. I am now completely free of sickness, fears, and doubts, for I have learned this wonderful lesson through Christian Science: the kingdom of heaven is within me, and I do not need to look outward for the joy

that belongs to me by divine right. Now I know that God surrounds each of us with His infinite love.

Before becoming acquainted with this religion I had decided to commit suicide, for I had no reason to continue living. My family didn't understand why I lived in a foreign country, and I had no incentive or joy to work in an inharmonious and unstable place. But thanks to the help of practitioners, I began to correct my thought and to be grateful to God for all the blessings received. Working with what Mrs. Eddy tells us (ibid., p. 494), "Divine Love always has met and always will meet every human need," I overcame these aggressive suggestions.

I thank God for having prepared the way for me to become acquainted with Christian Science and for being able to study the works Mrs. Eddy left us, which throw light on the Scriptures and the life of Christ Jesus, thus blessing the whole world. I am also grateful for The Christian Science Board of Directors, who faithfully and devotedly follow Mrs. Eddy's work; for the practitioners, who devote their lives to the progress of the movement; as well as for membership in The Mother Church and a very active branch church. Primary class instruction taught me who my Father-Mother God is.

> (Miss) Nélida Ester Millarengo Boston, Massachusetts

20

[Original in French]

Christian Science has freed me from numerous illnesses. Before knowing this Science of spiritual healing, I suffered from a stomach ulcer. Medical treatment continued to be ineffective. Then I became acquainted with Christian Science, which healed me; but I remained very troubled until I understood that the healing power of Truth was restoring peace to me.

Then other ills manifested themselves; I was discouraged, and I put my confidence in medicine again. I suffered intensely. The surgeon decided to operate on me; he had discovered a cancer in the intestines. This operation was repeated three times. After the third operation, when the trouble appeared again, I was successively helped by two Christian Science practitioners, who treated me through scientific prayer. They reinforced my confidence in the divine All-power, making me understand the falsity of any material power. I was healed. Since then I have abandoned all medical treatment and have never ceased to put my confidence in divine Truth, God. This was more than ten years ago.

I was also affected by a nervous illness. My whole body trembled and I stuttered to the point that others could understand what I was saying only with great difficulty. Thanks to Christian Science and to the strong prayerful work of the practitioner, I gained control of myself. I have now been healed for several years, and I speak completely normally. I live by continually putting into practice, to the best of my ability, the teachings of Christ Jesus, the loving Way-shower, and of Mrs. Eddy.

My family supported me greatly during these times of special need and guided me step by step in this marvelous Christian Science, which liberates. All my gratitude for the study of Christian Science, which has become my reason for living.

(Mrs.) ALICE DUBLER Neuchâtel, Switzerland

Last summer, while at a ranch in Colorado, I had an experience I would like to share. The counselors had planned an all-day trip to climb Mount Yale, and I signed up.

The next day when I wakened, I felt very shaky and my stomach was upset. I didn't eat any breakfast, but I did go with the rest of the group to the mountain. We drove to a trail at the base of the mountain. A little way up the trail I became sick. I realized I would not be able to rely on my parents or a Christian Science practitioner. Just then a Christian Scientist friend, who was a counselor, came up to me and asked what was the matter. I told her I wasn't feeling well.

We started up the trail, and while we were talking, she said, "I can see you as nothing less than a perfect reflection of God, and I will accept nothing less." She taught me the "mountain" step and told me to take every step seriously. She also told me to enjoy

the beauty and harmony of our surroundings, and reminded me that if the mountain weren't there, we would not have the oppor-

that if the mountain weren't there, we would not have the opportunity to climb it. I thought of climbing spiritually, too.

We caught up with the rest of the group and rested for a minute. I was cheered and full of good thoughts, so I started out in the front of the group. I was saying to myself, "I am God's perfect reflection," and, "This is a challenge I'll have to meet." Not far up I became sick again. The counselor was there to help me. She told me that my strength came from God; I had to realize it and accept it and do away with all other thoughts. She also said that we have everlasting strength with God.

Later we all sat down and read the Lesson-Sermon in the Christian Science Quarterly from the Bible and from Science and Health by Mrs. Eddy. We could see the top now. One hymn came to me with Mrs. Eddy's words, "Shepherd, show me how to go/O'er the hillside steep" (Christian Science Hymnal, No. 304). Some friends and I climbed up together and helped each other. We reached the top, and we all ate our lunch.

As we started down the mountain, I suddenly realized the illness had gone. I realized that when I accepted the thought of everlasting strength my troubles disappeared. I had never felt better in my life, and I went down the mountain with no more feeling of sickness.

When I returned home, I looked up the statement in Science and Health (p. 519), "God rests in action." I learned from my experience that even while we are in action we continue to express God.

I am grateful for Christian Science and God's wonderful protection. Also I would like to thank those people who helped me up the mountain and who had faith in me. I now not only realize the strength and protection of God but the faith and assurance you receive from other people. This healing helped me make up my mind to join The Mother Church. I am so grateful to have this better understanding of Christian Science.

(Miss) JENNIFER FRANKLIN Longwood, Florida



Related to the Lesson-Sermon for November 14, 1976, in the CHRISTIAN SCIENCE QUARTERLY Subject: Mortals and Immortals

### For I cry unto thee daily (Ps. 86:3)

The Hebrew idiom used here means "the whole day, all day."

### His peculiar treasure (Ps. 135:4)

"Peculiar" is used here in the sense of "characteristic; private; exclusive."

### Jacob was a plain man (Gen. 25:27)

The Hebrew adjective means "sound, orderly, normal, peaceful, quiet," according to Holliday's lexicon. Thus *The New English Bible* translates, "Jacobled a settled life." This was in contrast to the desert encampment life-style of Esau.

### Haran (Gen. 27:43)

An area of northern Syria where Abraham lived before coming to Canaan. Scholars believe it was founded around 2000 B.G. as a center of commerce.

### That which came to his hand (Gen. 32:13)

What was at hand, what he had with him.

### One shall say, I am the Lord's (Isa. 44:5)

Gentile converts to the faith of Israel are referred to here. Ancient custom called for converts to adopt a new name, and in this case "Israel" is to be added to their original surnames. A convert might go so far as to "subscribe... his hand"—mark his skin in some way—to indicate his faith.

### Antioch (Acts 11:26)

A very important city, located in northwest Syria. Downey describes it in *The Interpreter's Dictionary of the Bible* as "characterized by an eclectic intellectual spirit and an interest in religious inquiry which combined with the prosperous atmosphere of the city," making it a most auspicious launching ground for Christianity.

### The disciples were called Christians first in Antioch (Acts 11:26)

In Jerusalem, these people had been known as "followers of the Nazarene" or "followers of the way." It was among the Greekspeaking citizens of Antioch that the title "Christian," derived from the Greek equivalent of "Messiah," or "anointed one," gained popularity.

The Lesson-Sermons contain Bible references (King James Version) and correlative passages from "Science and Health with Key to the Scriptures" by Mary Baker Eddy.



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

### **ENGLAND**

**GREATER LONDON—London** (Eleventh): Church, 1 Nutford Pl., 7.30 p.m., Tues., Nov. 30. "Accept Only the True" (Heafer)

### **UNITED STATES**

(Week of November 14 to 20, and some earlier dates)

ALABAMA—Birmingham (First): Church, 3116 Highland Ave., 3 p.m., Sun., Nov. 14.‡ "Ageless Youth" (Driver)

Huntsville: Church, 807 Owens Dr., S.E., 3 p.m., Sat., Nov. 20.‡ "A New Beginning" (Jenks)

ARKANSAS—Little Rock (Second): See local notice for place. 8 p.m., Thurs., Nov. 18.‡ "Ageless Youth" (Driver)

Texarkana: Church, 2724 County Ave., 8 p.m., Fri., Nov. 19.‡ "Ageless Youth" (Driver)

CALIFORNIA—Arcata: Community Center Hall, 1301 D St., 3 p.m., Sun., Nov. 14.‡ "Finding God's Direction" (Holmes)

Canoga Park (Twenty-fourth, Los Angeles): Sutter Junior High, 7330 Winnetka Ave., 8 p.m., Tues., Nov. 16.‡ "Divine Love Is the Only Mind" (Crichlow) Chula Vista: Church, 41 I (Eye) St., 8 p.m., Tues., Nov. 16.‡ "Life Without Doubt" (Pike)

Claremont: Griswold's Old Schoolhouse, Claremont Playhouse, 1333 N. Indian Hill Blvd., 11 a.m., Sat., Nov. 20.‡ "Divine Love Is the Only Mind" (Crichlow)

Corona del Mar (Second, Newport Beach): Church, 3100 Pacific View Dr., 8 p.m., Mon., Nov. 15.‡ "What Does It Mean to Be Saved?" (Pike)

Davis: W. Davis Elem. School, 1221 Anderson Rd., 8 p.m., Tues., Nov. 9.‡ "Life Without Doubt" (Pike)

Irvine: Saint Matthew Lutheran Church, 18182 Culver Dr., 8 p.m., Fri., Nov. 19. "Life Without Doubt" (Pike)

La Jolla (Fourth, San Diego): Church, 1270 Silverado St., 3 p.m., Sun., Nov. 14.‡ "What Does It Mean to Be Saved?" (Pike)

Los Angeles (Second): Church, 948 W. Adams Blvd. (nr. Hoover), 12.30 p.m., Thurs., Nov. 18.‡ "Divine Love Is the Only Mind" (Crichlow)

Los Angeles (Eleventh): Globe Theater, 744 S. Broadway, 11 a.m., Sat., Nov. 20.‡ In Spanish. "Life Without Lack" (Mondino)

Los Angeles (Eleventh): Church, 2912 Guirado St., 2.30 p.m., Sat., Nov. 20.‡ In English. "Life Without Lack" (Mondino)

Los Angeles (Twenty-ninth): Church, 4831 S. Gramercy Pl., 3 p.m., Sun., Nov. 14.‡ "What's Your Greatest Need?" (Alton)

Oceanside: Lincoln Junior High, 2000 California St., 11 a.m., Sat., Nov. 20.‡ "What Does It Mean to Be Saved?" (Pike)

Pacific Palisades (Thirty-seventh, Los Angeles): Church, 15201 Bestor Blvd. and Monument St., 3 p.m., Sat., Nov. 20.‡ "What's Your Greatest Need?" (Alton)

Palm Springs: Palm Springs Pavilion, 401 S. Cerritos Rd., 8 p.m., Fri., Nov. 19. "Divine Love Is the Only Mind" (Crichlow)

Redondo Beach: Church, 527 S. Broadway, 8 p.m., Thurs., Nov. 18.‡ "Life Without Lack" (Mondino)

San Marino: Church, 1070 Huntington Dr., 8 p.m., Tues., Nov. 16.‡ "What's Your Greatest Need?" (Alton)

### CHRISTIAN SCIENCE SENTINEL

CALIFORNIA (continued)

Santa Paula: Union High School, 404 N. Sixth St., 8 p.m., Mon., Nov. 15.‡ "Divine Love Is the Only Mind" (Crichlow)

CONNECTICUT-Darien: See local notice for place. 8.30 p.m., Thurs., Nov. 18.‡ "A New View of Prophecy"

(Thorneloe)

Hartford (First): Church, 235 Scarborough St., 8 p.m., Mon., Nov. 15.‡ "Your Unlimited Opportunities" (McGrew)

FLORIDA—Fort Lauderdale (First): War Memorial Auditorium, 800 N.E. Eighth St., 8 p.m., Mon., Nov. 15. "The Evidence: True or False?" (Tyc)

Fort Myers: Mall Theatre, Edison Mall, S. Cleveland Ave., 11 a.m., Sat., Nov. 20. "The Evidence: True or False?" (Tyc)

Hollywood (First): Church, 1542 Harrison St., 8 p.m., Tues., Nov. 16.‡ "The Evidence: True or False?" (Tvc)

Miami (Fourth): Church, 4015 W. Flagler St., 8 p.m., Sat., Nov. 20.‡ In Spanish. "Who's at the Top of Your Pyramid?" (Rivas)

Palatka: Fellowship Hall, Fifth and Reid Sts., 3 p.m., Sun., Nov. 14. "The Evidence: True or False?" (Tvc)

Pompano Beach: Church, 2400 N.E. 12th St., 8 p.m., Fri., Nov. 19.‡ "The Power of God" (Rivas)

Sarasota (Second): Van Wezel Performing Arts Hall, 777 N. Tamiami Trl., 3 p.m., Sun., Nov. 14.‡ "The Power of God" (Rivas)

Vero Beach: Community (Riverside) Theatre, 400 Beachland Blvd., 8 p.m., Tues., Nov. 16.1 "The Power of God" (Rivas)

West Palm Beach: Church, Flagler and Okeechobee, 8 p.m., Thurs., Nov. 18.1 "The Power of God" (Rivas)

ILLINOIS—Barrington: Church, 421 E. Main St., 8 p.m., Tues., Nov. 16.‡ "Become What You Are!" (Rogers)

Chicago (Sixth): Church, 11321 S. Prairie Ave., 3 p.m., Sat., Nov. 20.1 "You're a Freeman!" (Linnig)

Chicago (Ninth): Chicago Lawn United Methodist Church, 3506 W. 63d Pl., 8 p.m., Mon., Nov. 15. "Become What You Are!" (Rogers)

Chicago (Thirteenth): Church, 10317 Longwood Dr., 3 p.m., Sun., Nov. 14.‡ "From Hell to Heaven" (Rogers)

Hinsdale: Church, First and Oak Sts., 8 p.m., Thurs., Nov. 18.1 "The Touch of Spirit" (Clarke)

Rockford: Church, 515 N. Main St., 8 p.m., Tues., Nov. 16.‡ "The Touch of Spirit" (Clarke)

INDIANA-Goshen: Church, 111 N. Fifth, 8 p.m., Thurs., Nov. 18.‡ "Become What You Are!" (Rogers)

Mishawaka: Church, 833 Lincolnway, E., 3 p.m., Sat., Nov. 20.1 "The Family of Man" (Rogers)

IOWA-Davenport: The Clayton House Motel, E. River Dr. and Le Claire St., 8 p.m., Mon., Nov. 15.‡ "The Touch of Spirit" (Clarke)

Keokuk: Church, 616 High St., 7 p.m., Sun., Nov. 14. "The Touch of Spirit" (Clarke)

KENTUCKY-Louisville (Second): Church, 4125 Shelbyville Rd., 8 p.m., Tues., Nov. 16.‡ "A New Beginning" (Jenks)

Paducah: See local notice for place. 8 p.m., Thurs., Nov. 18.‡ "A New Beginning" (Jenks)

MASSACHUSETTS—Boston: Original Mother Church, Christian Science Center, Massachusetts and Huntington Aves., 3 p.m., Sun., Nov. 14.‡ In Spanish. "Life Without Lack" (Mondino)

Northampton: Church, Center and Masonic Sts., 8 p.m., Fri., Nov. 19.1 "A New View of Prophecy" (Thorneloe)

MICHIGAN-Detroit (Ninth): Church, 4330 W. Davison Ave., 3 p.m., Sun., Nov. 14.‡ "A New Beginning" (Jenks)

St. Joseph (First, Benton Harbor): YWCA. 508 Pleasant St., 8.15 p.m., Fri., Nov. 19.1 "Become What You Are!" (Rogers)

MINNESOTA-Minneapolis (Fourth): Nile Theater, 3736 23d Ave., S., 10.30 a.m., Sat., Nov. 20.1 "The Touch of Spirit" (Clarke)

MISSOURI—Kirkwood: Church, 415 N. Clay Ave., 8 p.m., Thurs., Nov. 18.‡ "Your Right to Be Right" (Pickett)

St. Louis (First): Church, 5000 Westminster Pl., 11 a.m., Sat., Nov. 6.‡ "Get Your Life in Balance" (Driver)

NEVADA—Boulder City: Grace Community Church, 1150 Wyoming St., 8 p.m., Mon., Nov. 8.‡ "Your Right to Be Right" (Pickett)

Las Vegas: Convention Center, New Meeting Annex, Rms. E 1 through 3, 3150 S. Paradise Rd., 8 p.m., Tues., Nov. 16.‡ "Life Without Lack" (Mondino)

**NEW HAMPSHIRE—Portsmouth:** Church, 272 Rockland St., 11 a.m., Sat., Nov. 20.‡ "A New View of Prophecy" (Thorneloe)

NEW JERSEY—Summit: Junior High, 272 Morris Ave., 8.30 p.m., Tues., Nov. 16.‡ "A New View of Prophecy" (Thorneloe)

Toms River: See local notice for place. 8.15 p.m., Thurs., Nov. 18. "Drift or Direction in Life?" (Kenyon)

NEW MEXICO—Las Cruces: Howard Johnson's Motor Lodge, Aggie Hall, 2600 S. Valley Dr., 8 p.m., Tues., Nov. 16.‡ "Protection Where Lions Lurk" (Wood)

NEW YORK—Forest Hills, L.I.: Church, 60 Greenway Ter., 3 p.m., Sun., Nov. 14.‡ "Christian Science: Its Healing Practice" (Kenyon)

Mamaroneck: Church, 155 Fenimore Rd., 8.15 p.m., Fri., Nov. 19.‡ "Christian Science: Its Healing Practice" (Kenyon)

New York (Seventh): Church, 516-520 W. 112th St., nr. Broadway, 8 p.m., Tues., Nov. 16.‡ "Drift or Direction in Life?" (Kenyon)

Richmond Hill: Church, 8760 112th St., L.I., 3 p.m., Sat., Nov. 20.‡ "Drift or Direction in Life?" (Kenyon)

NORTH CAROLINA—Black Mountain: Church, 500 Montreat Rd., 8 p.m., Tues., Nov. 9.‡ "Let There Be Light" (Williams)

**Greensboro:** Church, 105 Arden Pl., 8 p.m., Thurs., Nov. 11.‡ "Who Is Making Your Decisions?" (Williams)

**OHIO—Norwood:** Quality Inn Central, 4747 Montgomery Rd. See local notice for hour. Mon., Nov. 15.‡ "You're a Freeman!" (Linnig)

Worthington (Third, Columbus): United Methodist Church, 600 High St., 8 p.m., Mon., Nov. 15.‡ "A New Beginning" (Jenks)

OKLAHOMA—Tulsa (Third): Church, 924 S. Boulder, 8 p.m., Tues., Nov. 16.‡ "Individualizing God's Power" (Pickett)

**OREGON—John Day:** Church, Hillcrest Rd., 8 p.m., Mon., Nov. 15. "Finding God's Direction" (Holmes)

Portland (Sixth): Fox Theatre, 833 S.W. Broadway, 12 m., Thurs., Nov. 18. "Finding God's Direction" (Holmes)

PENNSYLVANIA—Avalon: Church, 317 S. Home Ave., 8.15 p.m., Thurs., Nov. 18.‡ "Where in the World Is God?" (McClain)

Easton: Church, Burke and Cattell Sts., 3 p.m., Sat., Nov. 20.‡ "Where in the World Is God?" (McClain)

Lancaster: County Historical Society, 230 N. President Ave., 8 p.m., Mon., Nov. 15.‡ "A New View of Prophecy" (Thorneloe)

Philadelphia (Fourth): Church, 5842 Hoffman Ave., 3 p.m., Sun., Nov. 14.‡ "A New View of Prophecy" (Thorneloe)

RHODE ISLAND—Woonsocket: Church, Rockland and Bernice Aves., 3.30 p.m., Sun., Nov. 14.‡ "Your Unlimited Opportunities" (McGrew)

**TENNESSEE—Memphis** (First): Church, 458 N. Perkins Rd., 8 p.m., Tues., Nov. 16.‡ "Ageless Youth" (Driver)

**TEXAS—Houston** (First): Church, Main St. and Jefferson Ave., 8 p.m., Mon., Nov. 8.‡ "The Science of Happiness" (Linnig)

**Houston** (Second): Church, 207 E. 14th St., 3 p.m., Sun., Nov. 14.‡ "Individualizing God's Power" (Pickett)

Odessa: Odessa College, Fine Arts Bldg., 27th and Andrews Hwy., 11 a.m., Sat., Nov. 20.‡ "Protection Where Lions Lurk" (Wood)

### CHRISTIAN SCIENCE SENTINEL

VIRGINIA—Fairfax: Robinson High School, 5035 Sideburn Rd., 8 p.m., Mon., Nov. 1.‡ "Who Is Making Your Decisions?" (Williams)

Warrenton: United Methodist Church, 44 Winchester St., 3 p.m., Sun., Nov. 14.‡ "Use Your Spiritual Power" (Henderson)

Winchester: See local notice for place and hour. Mon., Nov. 15.‡ "Justice Under God's Care" (Henderson)

WASHINGTON—Richland: Holiday Inn, 1515 George Washington Way, 8 p.m., Tues., Nov. 16.‡ "Who Runs Your Life?" (Holmes) Seattle (Twelfth): Blaine Junior High, 2550 34th, W., 11 a.m., Sat., Nov. 20.‡ "Who Runs Your Life?" (Holmes)

WEST VIRGINIA—Charleston: Charleston House—Holiday Inn No. 2, 600 Kanawha Blvd., 3 p.m., Sat., Nov. 20.‡ "Justice Under God's Care" (Henderson)

Huntington: Church, Eleventh Ave. and Twelfth St., 8 p.m., Fri., Nov. 19.‡ "Use Your Spiritual Power" (Henderson)

WISCONSIN—Whitefish Bay: Church, 721 E. Silver Spring Dr., 8 p.m., Thurs., Nov. 18.‡ "Peace Is Individual" (Linnig)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

### NOTICE TO CORRESPONDENTS

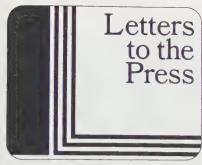
Officers of branch churches and individuals who have occasion to correspond with The Christian Science Board of Directors, with the Clerk and the Treasurer of The Mother Church, and with the heads of departments of The Mother Church Offices are requested to place their complete addresses on their letters and to write their signatures plainly. Women are requested to use the title "Miss" or "Mrs.," as the fact may be, and to use their given names. Your cooperation will be appreciated. General mail address for The Mother Church and its administrative offices is: The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115. Telephone: 262-2300 (area code 617). Cable: Church, Boston.

### A CONTINUING INVITATION

Members of The Mother Church are invited to write articles and poems for the periodicals. Convincing testimonies of healing are also welcomed from members, as well as from those who have not yet joined The Mother Church.

Specific guidelines may be obtained by writing The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115. Manuscripts should be sent to the same address.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.



From Christian Science Committees on Publication

Echo

Liverpool, Merseyside, England

With regard to [the writer's] reference to Christian Science in his April 15 article, your readers might like to know that there is a large and carefully verified body of evidence as to the effectiveness of Christian Science in healing "serious or life-threatening" diseases, as well as "mild and otherwise chronic" complaints.

The healing method of Christian Science is prayer based on an understanding of God and His ever-operative laws of health and harmony. The aim of this treatment is not, however, simply to restore the body to health, important though that obviously is.

Primarily, its purpose is to bring to light in some degree each individual's eternal spiritual identity as a beloved son of God; physical healing follows as a natural effect of spiritual regeneration.

ARTHUR L. WATSON Committee on Publication

Shreveport Times Shreveport, Louisiana

In the column your paper carries called "Glad You Asked That!" a question was answered concerning the number of ordained clergywomen in the United States. After listing the denominations that account for the majority of women ministers, the columnist pointed out that, ironically, the Christian Science Church, founded by Mary Baker Eddy, was missing from the list.

Perhaps Christian Science was not included because this world-wide church is strictly a church of laymen and laywomen. Services are conducted in Christian Science churches by two members, usually a man and a woman. They are called Readers and are elected by the membership. So, although not ordained clergywomen, your columnist could comfortably add to his list several thousand more women who unselfishly serve their denomination in conducting church services.

Eighty-five years ago, in her book *No and Yes*, Mary Baker Eddy asserted, "In natural law and in religion the right of woman to fill the highest measure of enlightened understanding and the highest places in government, is inalienable, and these rights are ably vindicated by the noblest of both sexes."

WILLIAM E. MOODY Committee on Publication

### THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

### CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

### MOVING OR VACATIONING?

Here's how you can receive the best service on a permanent or temporary change of address for your subscription to any Christian Science periodical. Send the Circulation Department the following information:

- (1) Full name (as it reads on your subscription label), former address, name of each periodical you want changed, and whether on Convenient Payment Plan. It is always best to include mailing labels from the periodicals involved, when possible.
- (2) New address including street, city, state, country, ZIP or post code.

Address changes for *The Christian Science Monitor* and the other Christian Science periodicals may be made by allowing four to six weeks. Changes should be for periods of no less than two weeks.

Send the above information for subscription changes to The Christian Science Publishing Society, Circulation Department, One Norway Street, Boston, MA, U.S.A. 02115.

Please note that changes in permanent mailing addresses for the membership records of The Mother Church are *not* covered by requests to the Circulation Department for subscription changes. For address changes in the Church files members should notify The First Church of Christ, Scientist, Clerk's Department, Christian Science Center, Boston, MA, U.S.A. 02115.

### SHOW YOUR LOVE BY JOINING THE MOTHER CHURCH

It's a natural way to express your gratitude for Christian Science. And when you join The Mother Church, your love goes out to all mankind through the Church's worldwide activities.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and

in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

### VISITORS WELCOME

FORMER HOMES OF MARY BAKER EDDY

1908-1910 Chestnut Hill, Massachusetts—400 Beacon Street. An exhibit traces Mrs. Eddy's role as Founder and Leader of our movement—preaching, teaching, writing, and commenting on issues still current.

Visiting Hours

May 1-October 31: 10 to 5 weekdays (including Saturdays); 2 to 5 Sundays

November 1-April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May) and Bunker Hill Day (June 17)

1875–1882 Lynn, Massachusetts—12 Broad Street, where 100 years ago Mrs. Eddy completed her manuscript for Science and Health with Key to the Scriptures. It was while living here that Mrs. Eddy initiated many foundational steps in establishing the Christian Science movement. These include the formation of the Christian Scientist Association; the Church of Christ, Scientist; the Massachusetts Metaphysical College. Here also Mrs. Eddy was ordained as Pastor of her church.

Visiting Hours

May 1-October 31: 10 to 5 weekdays (including Saturdays);

2 to 5 Sundays

November 1-April 30: 10 to 3 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May) and Bunker Hill Day (June 17)

### TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in The Christian Science Journal.

### THE CHRISTIAN SCIENCE PERIODICALS

The following periodicals were founded by Mary Baker Eddy, the Discoverer and Founder of Christian Science, and are published by The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115:

THE CHRISTIAN SCIENCE JOURNAL: Monthly in English; \$14.00 a year, \$7.00 six months, \$1.25 a copy.

CHRISTIAN SCIENCE SENTINEL: Weekly in English; \$17.50 a year, \$8.75 six months, 50c a copy.

THE HERALD OF CHRISTIAN SCIENCE: Editions published monthly: French, German, Portuguese, Spanish. Each edition \$7.00 a year, 75c a copy. Editions published quarterly: Danish, Dutch, Greek, Indonesian, Italian, Japanese, Norwegian, Swedish. Each edition \$2.00 a year, 50c a copy. English-Braille, Grade Two, published quarterly, \$1.00 a year, 25c a copy.

CHRISTIAN SCIENCE QUARTERLY (Bible Lessons): Quarterly in English, Danish, Dutch, French, German, Greek, Indonesian (available only in Indonesia), Italian, Japanese, Norwegian, Polish, Portuguese, Spanish, Swedish. Each edition \$2.50 a year, 75c a copy. Readers' size, \$3.00 a year, \$1.00 a copy; in English-Braille, Grade Two, with all citations from the Bible and Science and Health written out in full, \$2.50 a year (12 issues), 25c a copy.

THE CHRISTIAN SCIENCE MONITOR (regular daily edition): An international newspaper published daily, Monday through Friday, except legal holidays, in English; available to subscribers worldwide; \$40.00 a year, \$36.00 nine months, \$24.00 six months, \$12.00 three months, 25c a copy.

THE CHRISTIAN SCIENCE MONITOR (international weekly edition): An international newspaper published weekly in English; not available to persons living in the United States, Canada, or Mexico; \$37.50 eighteen months, \$25.00 a year, \$12.50 six months, 60c a copy.

You may subscribe for these periodicals directly from The Christian Science Publishing Society in Boston or obtain them from a Christian Science Reading Room in your community.

### LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department nine weeks before the week in which the lecture is to be given in order to ensure publication in the Sentinel. Information regarding lectures in other countries must reach the department ten to fourteen weeks before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

### INTERNATIONAL MONEY ORDERS AND DOLLAR DRAFTS

International money orders and dollar drafts reaching the Publishing Society in Boston contain only the name and address of the sender and the amount. To help us serve you better, will you please write to us at the time you purchase the money order or dollar draft and tell us what your remittance is for. This will enable us to avoid the delay caused by the necessity of writing to you. Dollar drafts purchased from your local bank can be processed more quickly than international money orders.

CHRISTIAN SCIENCE SENTINEL Box 125, Astor Station, Boston, MA, U.S.A. 02123	
Please send me the Sentinel for the p Check/money order enclosed.	eriod checked. 6 months \$8.75* 1 year \$17.50° Bill me later (North America only)
Mr./Mrs./Miss/Ms.	A DURNING RELEASE WITH MOT
Street	Hart Parker was to be a large
City	
State/Country	ZIP/Postal Code

# Share the problem-solving weekly. Give someone a Sentinel subscription.

You read the Christian Science Sentinel. You know it's filled with compelling ideas on how prayer can effectively resolve any problem. Don't you know someone with whom you can share this practical use of prayer? Someone who needs a better concept of health, or intelligence? A family which would benefit from a better understanding of the real source of supply?

A six-month subscription to the Sentinel costs just \$8.75. A full year, \$17.50. (Outside U. S. A., please use current local exchange rate.) Order at any Christian Science Reading Room, or from The Christian Science Publishing Society, Box 125, Astor Station, Boston, MA, U.S.A. 02123.

## "You mean what I have is called an estate?"

Indeed it is. Even modest assets or property holdings are estates, legally, and need to have their disposition carefully planned for. "Estate planning," you know, just means "planning ahead."

And when you want part of your estate to come eventually to The Mother Church, our staff in the Treasurer's office is able to assist you in your planning.

Long-range financial plans can include not only your will, but "living trusts," life-



insurance gifts, and gift annuities — whichever are best suited to your needs and means.

And most of these forms of giving can be arranged so they give present benefits to you and your family, and later benefits to your family and the Church.

There's a good way to find out more about your "estate," and the avenues open to you for financial support of The Mother Church. It's a new booklet called "The Joy of Giving" which we recently sent to all members in the United States. And it's available on request to anyone who'd like it.

Just write to our Planned Giving Coordinator, in care of

Marc Engeler, Treasurer The First Church of Christ, Scientist Christian Science Center, A-71 Boston, MA, U.S.A. 02115



### How much we need to love

Belonging to any organization brings out the need to work together. It takes the spirit of love. It takes faithful persistence and dedication and it's especially called for in church work. For the mission of church is love and healing.

Mary Baker Eddy knew this. In her Messages to members of her church, she speaks of living Christianity. She shows ways we can learn to love one another. Greater love for our fellow members grows out of a deeper love for God. To love God is to understand Him. To love His children is to appreciate the Godlikeness in them.

You can obtain these Seven Messages to The Mother Church in paperback for \$1.50 at any Christian Science Reading Room.

Or directly from:

Miss Frances C. Carlson, Publisher's Agent One Norway Street, Boston, Massachusetts, U.S.A. 02115